

Indiana Palliative Excellence in Alzheimer Care Efforts





What is IN-PEACE?

(IN-PEACE) Indiana Palliative Excellence in Alzheimer Care Efforts is for patients with Alzheimer's disease and other dementias. We're looking for people with a caregiver who will join this research study. This study hopes to improve the care of people with memory problems by offering caregivers helpful information and resources.

Patients who can sign up:

- Age 65 or older with a doctor's diagnosis of memory problems in the moderate to severe stages
- Have a caregiver who will join the study
- Don't live in a nursing home
- Live in the greater Indianapolis area in a personal home or assisted living facility

Caregivers who can sign up:

- English-speaking
- Live with the patient or have contact at least 2 times a week with one time in person
- The primary caregiver helping patient



What Will I Do?

First Interview

Our staff will ask patients and caregivers a list of questions. These questions will be about memory, behavior, pain, and sadness. These first questions may take about 45 minutes at your doctor's office or your home.

Short Interview Every 3 Months

We will ask some of these same questions again every 3 months for 2 years. These may take about 25-40 minutes. We can ask these questions at the doctor's office, at home, or on the phone.

After you answer each list of questions, you will receive a grocery gift card as a "thank you."

Half the caregivers will receive a handy **health guide** about managing memory problems and self-care tips for the caregiver, too.

Half the caregivers will receive this guide plus a **Dementia Care Coordinator**. This person will call each month to ask about patient symptoms and answer questions.

24-Month Interview

ABOUT US

The Indiana University Center for Aging Research (IUCAR) develops and tests new ideas to improve the quality and service of healthcare and self-care for older adults. We're working to become the nation's leading academic research center focused on the health and well-being of older adults. Meet the team for the IN-PEACE study:



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